Generating Ideas:

COUGAR QUALITIES

Cougar Qualities: Write about them!

In your journal, tell a story about when you or someone you know have shown these COUGAR qualities (or you can pick ONE quality).

Character

Do the right thing Be honest and Trustworthy Exhibit high morals

Outstanding Leadership

Make good decisions

Motivate and inspire others

Make a positive impact on society

Understanding of Others

Respect yourself and others Be open-minded to positive attributes Exhibit positive communication skills

Goal-oriented

Dare to dream Reach high Strive toward success

Academic Excellence

Acquire knowledge and skills to be successful in life Be motivated by your self-worth Passionately pursue perfection

Responsibility

Take initiative Exercise self-discipline Honor your obligations

Service

Make a difference in your home, school, and community Be involved and engaged Be a part of something bigger than you - pay it forward

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https://youtu.be/Hzgzim5m7oU

What COUGAR qualities are exhibited in video?

https://youtu.be/V74AxCqOTvg

Discuss!

C.O.U.G.A.R

On your paper, write at least two examples of people, facts, and actions that represent the COUGAR qualities.

This is INDIVIDUAL Work